



THE SETAUKET SPY

Benjamin Tallmadge District
Cub Roundtable News Letter



Volume 5, Number 5

December 2010 Cub Scout Roundtable

January 2011 Cub Scout Pack Meeting

POSITIVE ATTITUDE

Tiger Cub, Wolf, Bear and Webelos Meeting

CORE VALUES

Cub Scout Roundtable Leaders' Guide

The core value highlighted this month is:

- ☆ **Positive Attitude:** Being cheerful and setting our minds to look for and find the best in all situations. Through participating in a derby, boys will see the importance of having a positive attitude, regardless of the outcome of the race.

SPECIAL OPPORTUNITIES

100th Anniversary Commemorative Patch

www.Scouting.org/100years

*A Year of Celebration,
A Century of Making a Difference*

***Requirements must be completed
by December 31, 2010***



Every Scout, adult leader, and Scouting alum should have the chance to be part of our biggest milestone yet—our 100th Anniversary Celebration. Cub Scouts will be a big part of that! We want keep Cub Scouts excited about Scouting while giving them a chance to make a difference—and earn recognition—at an important time in our history. Through A Year of Celebration, A Century of Making a Difference,

we will do just that.

By demonstrating dedication to five of Scouting's core values, Cub Scouts and others can earn award ribbons to hang from the 100th Anniversary Commemorative patch. A Year of Celebration, A Century of Making a Difference is fun, engaging and—most importantly—shows America the impact of Scouting through its commitment to these values. A Year of Celebration will be in effect from Sept. 1, 2009, through Dec. 31, 2010.

Program Objectives

- ☆ Provide every Scout, leader, and alumni a fun and meaningful way to participate in the 100th Anniversary and earn recognition!
- ☆ Increase awareness of Scouting's value to the nation by promoting A Year of Celebration activities and by sharing the participation outcomes.
- ☆ Engage individuals in fun activities and reward their contributions to Scouting—helping improve both Scout and volunteer retention.
- ☆ Spark conversations about Scouting's values, history, and programs—for both positive public awareness and Scout and volunteer recruitment. The more people talk about Scouting, the more they will want to join in!
- ☆ Increase overall participation in our 100th Anniversary Celebration by working closely with other national engagement programs.
- ☆ Help build stronger local council and unit ties through an exciting and easy-to-use celebration program.

Cub Scout Patch Requirements

National has posted -

Individual Tracking Cards so each Scout can track his progress

http://ww2.scouting.org/100years/100years/sitefiles/1000/YourSource/PlanningTools/YOC/YOC_Tracking_Cards.pdf

Tracking Charts so Dens or Packs can track everyone's progress

<http://ww2.scouting.org/100years/100years/>

sitefiles/1000/YourSource/PlanningTools/YOC/YOC_Chart_Letter.pdf

LEADERSHIP

Scouting has a proud tradition of producing great leaders. Self-determination, teamwork, and preparedness are synonymous with Scouts everywhere. For Scouting's 100th Anniversary, let's celebrate this tradition of developing youth leaders.

The Year of Celebration Leadership Award encourages Scouts to explore and reflect upon the qualities of a good leader. The award recipients will work on leadership skills. The Leadership Award rewards participants for reflecting upon and sharing leadership lessons and skills. Scouts earning this award will look to role models, lead groups, and participate in leadership-building activities. Adults and alumni will build their unit leadership skills by emphasizing membership growth, volunteering, and providing role models.

Complete three of the five requirements in each category to earn the ribbon.

- ☆ Explain what makes a good leader and give an example of a Scout (past or present) demonstrating those qualities. Ask your parent or den leader what makes a good leader.
- ☆ Practice being a leader such as being a denner for one week. Write or tell your parent or den leader about what you did during that week.
- ☆ Get a friend to join Cub Scouts.
- ☆ Organize the den to set up and take down chairs at the pack meeting.
- ☆ With the approval of your den leader, plan and lead a den activity.

ACHIEVEMENT

Achievement in Scouting builds self-esteem and fosters collaboration with others. With every rank advanced and award earned, Scouts develop pride in themselves and their units. More than just getting a patch, Scouting's myriad of awards challenge Scouts to excel, have fun, and grow into healthy, prepared adults. In addition to advancement, the award recipient makes an active effort to reflect on personal achievements and those of other Scouts.

The Year of Celebration Achievement Award highlights the possibilities for personal achievement. Scouts will pursue rank advancements, religious emblems, as well as engage adults and alumni in conversation about their own achievements in Scouting.

Complete three of the six requirements to earn the ribbon.

- ☆ Choose something you'd like to do better, and

work on it for a week. Write or tell your parent or den leader about your progress.

- ☆ Earn one Cub Scout Academics belt loop and one Cub Scout Sports belt loop.
- ☆ Complete one achievement or activity badge for your rank.
- ☆ Complete one elective for your current rank.
- ☆ Complete one Cub Scout Sports or Academics pin, or the BSA Emergency Preparedness Award or the BSA Physical Fitness Award.
- ☆ Attend an event at an Adventure Base 100 tour site. Invite and bring a friend with you.

COMMUNITY SERVICE

Scouting's contribution to society is most visible in the movement's commitment to community service. Service is interwoven into many of Scouting's honors and is mandatory for earning the higher rank advancements. Through service, Scouts demonstrate that they provide an essential function to their communities.

The Year of Celebration Community Service Award rewards recipients for providing time and resources at no charge for the good of their local community. More than just engage in service, the award recipient must also share their thoughts about why service is crucial to our society and how Scouts today fulfill a 100-year-old legacy of serving communities.

Over the years, the Boys Scouts of America has partnered with several national organizations to ac-

☆ Make sure that all service hours are recorded online for —Good Turn For America.®

complish some great service projects. If you are looking for service project ideas, consider the following options:

Nothing But Nets Scouting For Food
Habitat for Humanity Our National Parks
American Red Cross Arbor Day Foundation
Take Pride in America The Salvation Army
Cell Phones for Soldiers Preserve Our Waterways
2010 US Census

Complete three of the five requirements to earn the ribbon

- ☆ With your parent or den leader, identify a person who serves the community. Write or tell about what that person does for others.
- ☆ With your family or den, help plan and carry out a community service project. Write or tell about

the project.

- ☆ With your family and/or den, clean up your Pack's chartering organization's parking lot, a neighborhood park, the school grounds, or other public area.
- ☆ Participate in a nature beautification project such as a tree or natural vegetation planting.
- ☆ Give service to a community organization such as a food bank or feeding station.

CHARACTER

Scouting is a character-building enterprise. Youth learn that personal responsibility and integrity are essential to accomplishing one's goals. They learn to do good turns without expectation of reward. They learn to be brave when challenged to do the right thing.

The Year of Celebration Character Award rewards recipients for engaging in an active conversation about living by the Scout Law. The award involves elements of citizenship, family life, and personal fitness. Scouts will reflect on their own character and values. Adults and alumni will rediscover the impact Scouting makes on their own character.

Complete three of the five requirements in each category to earn that patch.

- ☆ Talk to your parent or den leader about the Cub Scout Promise or Law of the Pack. What does it say about the kind of character a Scout should have?
- ☆ With your family or den, plan and carry out a game that helps demonstrate one of the Character Connections™. Write or tell about your experience.
- ☆ Talk to your parent or rabbi, minister, cleric, or other religious leader about how trust in God provides inner strength and confidence.
- ☆ Talk to your parent or den leader about honesty. Talk about why it is important to be honest in everything you say and do.
- ☆ Become a friend of a boy who is being left out of the group. Discuss how compassion and cooperation are essential to good character.

PACK ADMIN HELPS

*Don't Forget The Purpose
Of The Pack Meeting:
Cascade Pacific Council*

The Pinewood Derby is the Pack Meeting for the month in which it occurs. Make sure you are giving out the regular awards the boys have earned that month (this includes any belt loops,

segments, etc.) Some Cubmasters think that there isn't enough time on Pinewood Derby night but the purpose of Pack Meeting still is to recognize the boys. Awards can be done, quickly but still fun. I make a Cubmaster car, which I make slow on purpose. I build it up 2 or 3 months in advance. No one will beat my car, etc. On race day the boys have to race my car to get their award. They love it!! Below are some more ideas for giving out pack awards and staying with the theme of the evening.

Den Discipline with Positive Attitude

Golden Empire Council

Focus on the **POSITIVE**. "Catch" the boys being good, helping others, keeping the den code of conduct. Baden-Powell said "A pat on the back is a stronger stimulus than a prick with a pin. Expect a great deal of your boys and you will generally get it." Set a goal to say at least one good thing about each boy at every den meeting. But don't give undeserved compliments – boys know when the praise is genuine! Remember,

DON'T CRITICIZE a boy in front of the den. Wait until you can talk to him alone. You might want to have a signal so that your assistant can ask a boy to come with her – make sure this is done without sounding angry or as if punishment is in store. Often, removing a boy from the action will defuse the situation. The other adult can simply take the boy to another location and have him help set up for another activity or discuss what happened in the den meeting.

USE POSITIVE WORDS –

- ☆ **Be specific** about what a boy does right – "Thank you for remembering to pick up your mess!" rather than just "Good Job"
- ☆ **Be sincere** and don't exaggerate – "I really like the colors you used in that drawing" rather than "That's the best drawing I've ever seen"
- ☆ **Be Immediate** with praise so you can reinforce good behavior.
- ☆ **Share the Praise** – while criticism should be done in private, praise is GREAT to SHARE. Share it by saying "I like the way John is putting the cap back on his markers"

You can also Share Praise by adding stickers or beads to a Den Doodle or Individual Boy's Coup Stick.

And don't forget to Share with Parents – send an email to let them know when their son is doing a good job or being a good example!

WEBELOS

Geologist

Westchester-Putnam Council



This month first year Webelos will be working on the Geologist activity badge. These activities supplement the Den Meeting plans available at scouting.org and linked to below. They can be used for the gathering or to reinforce/satisfy badge requirements.

Meeting 9: Geologist

Do: Geologist 1, 2, 8

HA: Review Geologist chapter.

Meeting 10 Geologist

Do: Geologist 4, 5, 6

HA: Review Engineer chapter

One thing to consider is whether you can bring your scouts to a nature sanctuary that may provide some or all of the hands-on activities that your scouts may need to complete the Geologist activity badge. One example in Westchester-Putnam Council is the [Westmoreland Sanctuary](#) in Mount Kisco, New York.

They have adapted their geology program to meet the requirements of the Geology activity badge. Here is a description of what they offer:

Geology / Earth Science
60-75 min.

Rocks and minerals provide many of the materials we use or have around us every day. Scouts will learn about many of the common materials that come from or are derived from rocks and minerals. We will also discuss the layers of the earth, how rocks form and their classification, and how movement of the earth's crust leads to earthquakes, volcanoes, and mountain formation. All topics are emphasized with the use of illustrations, models, and geologic specimens from our collection. (adapted for Webelos Geologist Badge)

Basic Rock Collecting Tools

The basic tools that any geologist, rock

collector or fossil collector needs are:

- * Rock lens
- * Rock hammer
- * Compass
- * Geologic maps
- * Rock and mineral guide
- * Field notebook
- * Geology notebook pouch

A rock lens is useful for looking at minerals and fossils that are too small to see with the naked eye. Rock lenses can range in magnifying power from 7X to 20X - the most commonly used rock lenses have a magnification of 10X. They are small enough to fit in your pocket, although many geologists hang them around their neck with a lanyard or cord for quick and easy access.

Readyman



Readyman is required for the Arrow of Light. What is a Readyman? Simply said, someone who is always ready to do whatever is needed to help someone or himself. Similar to the Boy Scout who follows the motto, "Be Prepared," a Webelos Readyman knows his stuff and is not afraid to help.

Meeting #9

- DO:**
- Readyman #2 First aid definition
 - Readyman #4 Heimlich maneuver
 - Readyman #5 Dealing with "hurry" cases
 - Readyman #6 Treating shock
 - Readyman #7 Treating assorted ailments
 - Readyman #8 Safe swimming
 - Readyman #13 Home accidents

HA: Review Arrow of Light requirements

Banged Up Benny



Required:

- ☆ Neckerchiefs.
- ☆ Folded up paper towels to use as sterile pads.
- ☆ List of wounds on paper for each group.

Instructions:

1. Split in groups of 4 to 6 scouts. One scout is Benny, he's all banged up from some terrible accident; the rest are rescuers.
2. Scouts line up single file with Benny out in front

of them 10-30 feet. Have first aid materials beside each Benny.

3. On the leader's go signal, the first rescuer sees Benny, runs to him, and asks what is wrong. Possible injuries are: scalp wound (head bandage), thigh cut (pressure wrap), sprained ankle, broken arm (sling), hand or wrist cut (pressure pad).
4. Rescuer applies his neckerchief and sterile pads as required where indicated.
5. When complete, he asks Benny if there's anything else wrong. If Benny says "Yes", the rescuer calls for help.
The next rescuer takes a turn helping Benny and then asks if there is more.
When Benny says "broken legs", the scout needs to get help and two scouts carry him back in a four-hand seat carry with the other scouts spotting.
6. This is used for serious practice in a fun way and there should be no time limit - try to have the scouts make good application of the dressings.

Holiday Greetings from Benjamin Tallmadge District!

On behalf of Brian Heinrichs, the Cub Scout Roundtable Staff, Commissioners and District Leaders, I would like to wish you all the very best Holiday Season. Whatever we celebrate, we can take pride that Benjamin Tallmadge District is a unique group of volunteers who care very much for the Scouting youth we serve. May the Light of Scouting be with you now and throughout the coming years.



God bless you all,
Sylvia Murdolo
Setauket Spy Editor

MARK YOUR CALENDAR

December, 2010

- 3 *POPCORN*: Distribution
- 9 Roundtable

POPCORN: Funds due ASAP



January, 2011

- 13 Roundtable
- 22 University of Scouting

February

- 6 Scout Sunday
- 10 Roundtable
- 12 Scout Sabbath
- 27 JCOS' Awards Breakfast

March

- 10 Roundtable
- 12 BALOO TRAINING
- 19 Scouting for Food
- 23 TRAINING: Cub Scout Leader Specific

April

- 2 Cub Fun & Faith Day
- 14 Roundtable
- 30 Cub for Cub

May

- 7 AM: Work Day at BHSC
PM: District Dinner
- 12 Roundtable
- 20 JCOS Conclave at BHSC
- 27-30 **Family Camping at BHSC**
- 28 Memorial Day Flag Placement

June

- 4 Flag Retrieval Day
- 9 Roundtable at BHSC

July

- 1-5 **Family Camp**
- 5-9 Cub Resident Camp

August

- 14-18 Cub Resident Camp
- 18 Roundtable
- 9/2-5 **Family Camp**

Disclaimer: This is a partial list. Please consult the BT District Website and the Council Website for any changes.

GATHERING ACTIVITIES

R L U N F S E X O B S T R L K
 D A F T E R G Q C A S Y B R Q
 F I C D A H X B I M T F Z Y V
 P U X Z S H P N O R S K K K F
 R G D O T O T E A W C A S B V
 S R A S D G T M T H D B L F D
 M C V Q Y D W O R S B G J E Y
 U H T B S N O I T A N O D R S
 L R P P C B S G S A O R R J M
 Z I M V M T G R E U H R R E Y
 G S T Q I V N Y R T Z A V A T
 G T R A S R I C D O E M L O C
 Z M N W C M X C C E Y P P B P
 D A Y O Q P O E J S E Q F Y Z
 H S M B N H B P H D T N N V V

AFTER
 CHRISTIAN
 DONATIONS
 NEEDY
 SAINT

BOXES
 CHRISTMAS
 FEAST
 PLAY
 SALES

BOXING
 DAY
 MARTYR
 REST
 STEPHEN



National Tie Month

Rising Star Month

Different December

Source: <http://www.brownielocks.com>

Human Rights Week,
Dec. 10-17

It's About Time Week,
Dec. 25-31

National Chocolate-
Covered Anything Day,
December 16

National Candy Cane
Day,
December 26